



Blended Learning in First Aid – Quality Assurance Standards

1. The time taken to complete the first aid course should not be reduced. There may be a benefit in flexibility but blended learning should not reduce the overall time required to take the course.
2. The employer should provide paid time for the employee to undertake the training. The employee should not be required to take the distance-learning element of the course in their 'own' time.
3. Following completion of the distance element of learning, the learner must be assessed by a suitably qualified first aid assessor (who has qualifications and experience as described in the Assessment Principles for Regulated First Aid Qualifications document or HSE's GEIS3). The first aid assessor must be satisfied that all the assessment criteria for the learning outcomes delivered via distance learning have been met. Auditable evidence should be generated. It is the training provider's responsibility to confirm the identity of the learner and the authenticity of the evidence.
4. The assessment should be quality assured following national occupational standards (NOS).
5. The minimum **face-to-face** learning duration for each type of course should be as follows:

Course:	Total Course Minimum Duration hours:*	Minimum face-to-face learning hours:*
Emergency First Aid at Work	6	3
First Aid at Work	18	12
First Aid at Work Requalifying	12	6
Emergency Paediatric First Aid	6	6
Paediatric First Aid	12	6**

*excluding breaks

**additional face-to-face time for practical and theoretical assessments (of topics covered online) is required to comply with [EYFS](#) and [Welsh Government](#) childcare requirements.

6. The general practical elements of the training course are the learning outcomes that should be delivered and assessed face-to-face.

Definitions:

Distance-learning: e-learning or virtual classroom learning

Face-to-face: in the same room (not via the internet)